

Filles bassin court (25m)

| Catégorie: | Développement | | Groupe d'âge | | | | | | | | | | | | Junior et Senior | | | Coupe du Québec | | |
|--------------|---------------|------------|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------------|---------|-----------------|----|---------|
| | Âge: | 9 ans et - | 10 ans | 11 ans | | | 12 ans | | | 13 ans | | | 14 ans | | | 15 ans et plus | | | | |
| Niveau: | Développement | | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA |
| 50 libre | 55.00 | 50.00 | 45.00 | 37.00 | 32.25 | 42.50 | 35.00 | 30.50 | 40.00 | 33.50 | 29.00 | 37.50 | 32.75 | 28.75 | 34.60 | 32.80 | 28.85 | | | 27.45 |
| 100 libre | 1:55.00 | 1:45.00 | 1:35.00 | 1:25.75 | 1:12.00 | 1:32.50 | 1:20.50 | 1:07.50 | 1:30.00 | 1:16.50 | 1:03.75 | 1:27.50 | 1:14.00 | 1:03.25 | 1:16.90 | 1:12.50 | 1:02.30 | | | 1:00.00 |
| 200 libre | 4:00.00 | 3:45.00 | 3:30.00 | 3:06.00 | 2:38.50 | 3:25.00 | 2:54.00 | 2:27.00 | 3:20.00 | 2:49.00 | 2:21.75 | 3:15.00 | 2:47.00 | 2:18.00 | 2:48.50 | 2:39.10 | 2:15.57 | | | 2:10.50 |
| 400 libre | 7:55.00 | 7:35.00 | 7:15.00 | 6:50.00 | 5:35.00 | 7:10.00 | 6:25.00 | 5:13.00 | 7:00.00 | 5:55.00 | 5:03.00 | 6:55.00 | 5:45.00 | 4:54.00 | 6:30.00 | 5:40.00 | 4:46.13 | | | 4:39.62 |
| 800 libre | | | 15:00.00 | 14:00.00 | 11:35.00 | 14:45.00 | 13:20.00 | 10:45.00 | 14:30.00 | 12:20.00 | 10:36.00 | 14:15.00 | 12:00.00 | 10:10.50 | 13:15.00 | 12:10.00 | 9:55.10 | | | 9:42.38 |
| 50 dos | 1:00.00 | 55.00 | | | | | | | | | | | | | 42.00 | 39.50 | 33.00 | | | 32.03 |
| 100 dos | 2:10.00 | 2:00.00 | 1:50.00 | 1:38.00 | 1:24.00 | 1:45.00 | 1:31.00 | 1:17.50 | 1:40.00 | 1:28.00 | 1:13.50 | 1:35.00 | 1:25.00 | 1:13.00 | 1:30.50 | 1:24.50 | 1:10.88 | | | 1:08.70 |
| 200 dos | 4:30.00 | 4:10.00 | 3:50.00 | 3:30.00 | 3:00.00 | 3:40.00 | 3:25.00 | 2:47.00 | 3:30.00 | 3:10.00 | 2:39.00 | 3:20.00 | 3:00.00 | 2:37.00 | 3:34.00 | 3:02.00 | 2:32.83 | | | 2:27.45 |
| 50 brasse | 1:05.00 | 1:00.00 | | | | | | | | | | | | | 46.00 | 45.30 | 37.64 | | | 36.02 |
| 100 brasse | 2:20.00 | 2:10.00 | 2:00.00 | 1:52.00 | 1:35.00 | 1:55.00 | 1:46.00 | 1:28.50 | 1:50.00 | 1:40.00 | 1:26.50 | 1:45.00 | 1:35.00 | 1:25.00 | 1:41.00 | 1:38.70 | 1:21.37 | | | 1:18.42 |
| 200 brasse | 4:50.00 | 4:30.00 | 4:10.00 | 3:50.00 | 3:24.00 | 4:00.00 | 3:45.00 | 3:12.50 | 3:55.00 | 3:30.00 | 3:05.50 | 3:50.00 | 3:27.50 | 3:02.00 | 3:47.50 | 3:33.00 | 2:54.72 | | | 2:49.75 |
| 50 papillon | 1:00.00 | 55.00 | | | | | | | | | | | | | 44.00 | 40.60 | 31.68 | | | 29.40 |
| 100 papillon | 2:10.00 | 2:00.00 | 1:50.00 | 1:45.00 | 1:25.00 | 1:45.00 | 1:40.00 | 1:20.50 | 1:40.00 | 1:35.00 | 1:14.50 | 1:35.00 | 1:30.00 | 1:13.00 | 1:32.50 | 1:29.50 | 1:10.10 | | | 1:06.67 |
| 200 papillon | 4:30.00 | 4:10.00 | 3:50.00 | 3:40.00 | 3:22.00 | 3:40.00 | 3:35.00 | 3:06.00 | 3:30.00 | 3:20.00 | 3:00.00 | 3:20.00 | 3:07.50 | 2:50.00 | 3:17.50 | 3:05.00 | 2:38.40 | | | 2:31.00 |
| 100 QNI | 2:10.00 | 2:00.00 | | | | | | | | | | | | | | | | | | |
| 200 QNI | 4:25.00 | 4:05.00 | 3:45.00 | 3:35.00 | 2:59.00 | 3:40.00 | 3:17.50 | 2:48.00 | 3:35.00 | 3:07.50 | 2:41.00 | 3:30.00 | 3:00.00 | 2:38.00 | 3:11.00 | 2:57.00 | 2:33.89 | | | 2:28.47 |
| 400 QNI | 8:30.00 | 8:05.00 | 7:45.00 | 7:20.00 | 6:25.50 | 7:35.00 | 7:00.00 | 6:00.00 | 7:25.00 | 6:50.00 | 5:48.00 | 7:15.00 | 6:30.00 | 5:37.00 | 7:00.00 | 6:40.00 | 5:27.88 | | | 5:18.59 |

Filles bassin long (50m)

| Catégorie: | Développement | | Groupe d'âge | | | | | | | | | | | | Junior et Senior | | | Coupe du Québec | | |
|--------------|---------------|------------|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------------|----------|-----------------|----|---------|
| | Âge: | 9 ans et - | 10 ans | 11 ans | | | 12 ans | | | 13 ans | | | 14 ans | | | 15 ans et plus | | | | |
| Niveau: | Développement | | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA |
| 50 libre | | | 46.35 | 38.00 | 33.25 | 43.75 | 36.00 | 31.40 | 41.20 | 34.60 | 29.90 | 38.60 | 33.70 | 29.60 | 35.65 | 33.75 | 29.43 | | | 28.15 |
| 100 libre | | | 1:37.85 | 1:28.35 | 1:14.15 | 1:35.25 | 1:23.50 | 1:09.50 | 1:32.70 | 1:18.80 | 1:05.65 | 1:30.10 | 1:16.25 | 1:05.15 | 1:19.20 | 1:14.70 | 1:03.55 | | | 1:01.56 |
| 200 libre | | | 3:36.30 | 3:11.60 | 2:43.25 | 3:31.15 | 2:59.25 | 2:31.40 | 3:26.00 | 2:54.10 | 2:26.00 | 3:20.85 | 2:52.00 | 2:22.15 | 2:53.50 | 2:43.85 | 2:18.28 | | | 2:13.17 |
| 400 libre | | | 7:28.00 | 7:02.00 | 5:45.00 | 7:23.00 | 6:35.50 | 5:22.50 | 7:12.50 | 6:05.50 | 5:18.00 | 7:07.50 | 5:55.50 | 5:03.00 | 6:41.75 | 5:50.00 | 4:51.85 | | | 4:43.33 |
| 800 libre | | | 15:27.00 | 14:25.00 | 11:55.00 | 15:11.00 | 13:44.00 | 11:04.50 | 14:56.00 | 12:42.00 | 10:55.00 | 14:40.00 | 12:21.00 | 10:29.00 | 13:39.00 | 12:32.00 | 10:07.00 | | | 9:54.03 |
| 50 dos | | | | | | | | | | | | | | | 43.25 | 40.75 | 33.66 | | | 32.85 |
| 100 dos | | | 1:53.25 | 1:41.00 | 1:26.50 | 1:48.25 | 1:33.75 | 1:19.85 | 1:43.00 | 1:30.50 | 1:15.75 | 1:37.85 | 1:27.50 | 1:15.20 | 1:33.25 | 1:27.00 | 1:12.30 | | | 1:10.61 |
| 200 dos | | | 3:57.00 | 3:36.25 | 3:05.50 | 3:46.50 | 3:31.15 | 2:52.00 | 3:36.25 | 3:15.75 | 2:43.75 | 3:26.00 | 3:04.50 | 2:41.75 | 3:40.50 | 3:07.50 | 2:35.89 | | | 2:31.84 |
| 50 brasse | | | | | | | | | | | | | | | 47.40 | 46.65 | 38.39 | | | 36.74 |
| 100 brasse | | | 2:03.50 | 1:53.35 | 1:37.85 | 1:58.50 | 1:49.25 | 1:31.15 | 1:53.25 | 1:43.00 | 1:29.00 | 1:48.15 | 1:37.85 | 1:27.50 | 1:44.00 | 1:41.65 | 1:23.00 | | | 1:20.12 |
| 200 brasse | | | 4:17.50 | 3:57.00 | 3:30.15 | 4:07.25 | 3:51.75 | 3:18.25 | 4:02.00 | 3:36.25 | 3:11.00 | 3:57.00 | 3:33.75 | 3:07.50 | 3:54.50 | 3:39.50 | 2:58.21 | | | 2:53.36 |
| 50 papillon | | | | | | | | | | | | | | | 45.30 | 41.80 | 32.31 | | | 30.15 |
| 100 papillon | | | 1:53.30 | 1:48.15 | 1:27.50 | 1:48.15 | 1:43.00 | 1:23.00 | 1:43.00 | 1:37.85 | 1:16.75 | 1:37.85 | 1:32.75 | 1:15.20 | 1:35.25 | 1:32.20 | 1:11.50 | | | 1:07.35 |
| 200 papillon | | | 3:57.00 | 3:46.50 | 3:28.00 | 3:46.50 | 3:41.50 | 3:11.50 | 3:36.25 | 3:26.00 | 3:05.50 | 3:26.00 | 3:13.15 | 2:55.00 | 3:23.50 | 3:10.50 | 2:41.57 | | | 2:32.77 |
| 200 QNI | | | 3:51.75 | 3:41.50 | 3:04.50 | 3:46.50 | 3:23.50 | 2:53.00 | 3:41.50 | 3:13.15 | 2:45.85 | 3:36.25 | 3:05.50 | 2:42.75 | 3:16.75 | 3:02.25 | 2:37.00 | | | 2:32.21 |
| 400 QNI | | | 7:59.00 | 7:33.25 | 6:37.00 | 7:48.75 | 7:12.50 | 6:10.75 | 7:38.25 | 7:02.25 | 5:58.50 | 7:28.00 | 6:41.75 | 5:47.00 | 7:12.50 | 6:52.00 | 5:34.44 | | | 5:24.96 |

Note: Une nageuse développement ou groupe d'âge doit réaliser 3 temps de qualification dans deux styles de nage différents pour accéder au niveau de compétition. Le QNI est considéré comme un style de nage.

Note2: Une nageuse Junior ou Senior ou Coupe du Québec doit réaliser 2 temps de qualification dans deux épreuves différentes pour accéder au niveau de compétition. Le QNI est considéré comme un style de nage.

Note 3: L'âge minimal pour participer à la Coupe du Québec : filles 12 ans - garçons 13 ans.

Garçons bassin court (25m)

| Catégorie: | Développement | | Groupe d'âge | | | | | | | | | | | Junior et Senior | | | Coupe du Québec | |
|--------------|---------------|---------|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------------|----------|-----------------|----------|
| | 9 ans et - | 10 ans | 11-12 ans | | | 13 ans | | | 14 ans | | | 15 ans | | | 16 ans et plus | | | |
| Niveau: | Développement | | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | |
| 50 libre | 55.00 | 50.00 | 45.00 | 35.00 | 30.00 | 37.50 | 33.00 | 28.75 | 35.00 | 31.50 | 27.25 | 32.50 | 30.00 | 26.25 | 32.00 | 29.90 | 25.75 | 24.30 |
| 100 libre | 1:55.00 | 1:45.00 | 1:35.00 | 1:20.00 | 1:06.25 | 1:27.50 | 1:11.00 | 1:04.00 | 1:22.50 | 1:08.00 | 1:00.25 | 1:17.50 | 1:06.00 | 58.25 | 1:15.00 | 1:05.75 | 56.39 | 53.97 |
| 200 libre | 4:00.00 | 3:45.00 | 3:30.00 | 2:52.00 | 2:24.75 | 3:20.00 | 2:40.00 | 2:20.00 | 3:15.00 | 2:35.00 | 2:12.50 | 3:10.00 | 2:30.00 | 2:08.50 | 3:02.50 | 2:27.50 | 2:03.07 | 1:58.51 |
| 400 libre | 7:55.00 | 7:35.00 | 7:15.00 | 6:20.00 | 5:10.00 | 7:10.00 | 5:40.00 | 4:58.00 | 7:00.00 | 5:30.00 | 4:44.00 | 6:55.00 | 5:20.00 | 4:36.00 | 6:50.00 | 5:15.00 | 4:22.71 | 4:16.36 |
| 1500 libre | | | 23:00.00 | 22:00.00 | 21:30.00 | 22:30.00 | 21:40.00 | 20:20.00 | 22:00.00 | 20:20.00 | 19:15.00 | 21:30.00 | 20:00.00 | 19:00.00 | 21:25.00 | 19:45.00 | 17:55.13 | 17:32.82 |
| 50 dos | 1:00.00 | 55.00 | | | | | | | | | | | | | 40.00 | 37.00 | 30.00 | 28.90 |
| 100 dos | 2:10.00 | 2:00.00 | 1:50.00 | 1:30.00 | 1:16.75 | 1:40.00 | 1:26.00 | 1:14.50 | 1:35.00 | 1:22.00 | 1:11.00 | 1:30.00 | 1:18.00 | 1:08.00 | 1:27.50 | 1:17.50 | 1:04.63 | 1:02.52 |
| 200 dos | 4:30.00 | 4:10.00 | 3:50.00 | 3:15.00 | 2:44.25 | 3:30.00 | 3:07.00 | 2:41.25 | 3:20.00 | 3:00.00 | 2:34.00 | 3:15.00 | 2:50.00 | 2:28.00 | 3:05.00 | 2:47.50 | 2:20.56 | 2:15.93 |
| 50 brasse | 1:05.00 | 1:00.00 | | | | | | | | | | | | | 45.00 | 40.00 | 33.44 | 32.10 |
| 100 brasse | 2:20.00 | 2:10.00 | 2:00.00 | 1:45.00 | 1:27.50 | 1:50.00 | 1:32.50 | 1:24.00 | 1:45.00 | 1:30.00 | 1:20.00 | 1:40.00 | 1:27.50 | 1:17.00 | 1:37.50 | 1:25.00 | 1:13.66 | 1:09.75 |
| 200 brasse | 4:50.00 | 4:30.00 | 4:10.00 | 3:45.00 | 3:07.00 | 3:55.00 | 3:20.00 | 3:01.00 | 3:45.00 | 3:15.00 | 2:55.00 | 3:35.00 | 3:10.00 | 2:51.00 | 3:30.00 | 3:07.50 | 2:40.89 | 2:32.85 |
| 50 papillon | 1:00.00 | 55.00 | | | | | | | | | | | | | 42.00 | 35.00 | 28.80 | 26.75 |
| 100 papillon | 2:10.00 | 2:00.00 | 1:50.00 | 1:40.00 | 1:16.50 | 1:45.00 | 1:30.00 | 1:14.00 | 1:40.00 | 1:25.00 | 1:10.50 | 1:35.00 | 1:20.00 | 1:06.00 | 1:32.50 | 1:17.50 | 1:03.27 | 1:00.20 |
| 200 papillon | 4:30.00 | 4:10.00 | 3:50.00 | 3:35.00 | 2:59.00 | 3:40.00 | 3:20.00 | 2:56.00 | 3:30.00 | 3:10.00 | 2:50.00 | 3:20.00 | 3:00.00 | 2:40.00 | 3:17.50 | 2:55.00 | 2:23.13 | 2:16.28 |
| 100 QNI | 2:10.00 | 2:00.00 | | | | | | | | | | | | | | | | |
| 200 QNI | 4:25.00 | 4:05.00 | 3:45.00 | 3:20.00 | 2:45.50 | 3:40.00 | 3:02.00 | 2:40.00 | 3:35.00 | 2:58.00 | 2:32.50 | 3:30.00 | 2:52.50 | 2:25.00 | 3:22.00 | 2:50.00 | 2:19.98 | 2:15.07 |
| 400 QNI | 8:30.00 | 8:05.00 | 7:45.00 | 7:00.00 | 5:57.00 | 7:35.00 | 6:30.00 | 5:44.00 | 7:25.00 | 6:00.00 | 5:34.00 | 7:15.00 | 5:50.00 | 5:20.00 | 7:00.00 | 5:50.00 | 5:02.10 | 4:54.79 |

Garçons bassin long (50m)

| Catégorie: | Développement | | Groupe d'âge | | | | | | | | | | | Junior et Senior | | | Coupe du Québec | |
|--------------|---------------|--------|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------------|----------|-----------------|----------|
| | 9 ans et - | 10 ans | 11-12 ans | | | 13 ans | | | 14 ans | | | 15 ans | | | 16 ans et plus | | | |
| Niveau: | Développement | | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | A | AA | AAA | |
| 50 libre | | | 46.25 | 36.00 | 30.90 | 38.50 | 34.00 | 29.50 | 36.00 | 32.50 | 28.00 | 33.50 | 30.90 | 27.00 | 33.00 | 30.75 | 26.27 | 24.95 |
| 100 libre | | | 1:38.00 | 1:22.50 | 1:08.25 | 1:30.25 | 1:13.25 | 1:06.00 | 1:25.00 | 1:10.00 | 1:02.00 | 1:19.75 | 1:08.00 | 1:00.00 | 1:17.25 | 1:07.25 | 57.52 | 55.18 |
| 200 libre | | | 3:36.25 | 2:57.25 | 2:29.00 | 3:26.00 | 2:46.75 | 2:24.25 | 3:20.75 | 2:39.75 | 2:16.50 | 3:15.75 | 2:34.50 | 2:12.25 | 3:08.00 | 2:32.00 | 2:05.53 | 2:01.59 |
| 400 libre | | | 7:28.00 | 6:31.50 | 5:19.25 | 7:33.00 | 5:50.25 | 5:07.00 | 7:12.50 | 5:40.00 | 4:52.50 | 7:07.50 | 5:29.50 | 4:44.25 | 7:02.25 | 5:24.50 | 4:27.96 | 4:21.49 |
| 1500 libre | | | 23:41.00 | 22:40.00 | 21:59.00 | 23:10.00 | 22:19.00 | 20:56.00 | 22:40.00 | 20:56.00 | 19:50.00 | 22:39.00 | 20:36.00 | 19:34.25 | 22:03.00 | 20:20.50 | 18:16.63 | 17:53.88 |
| 50 dos | | | | | | | | | | | | | | | 41.25 | 38.10 | 30.60 | 29.90 |
| 100 dos | | | 1:53.25 | 1:32.75 | 1:19.00 | 1:43.00 | 1:28.50 | 1:16.75 | 1:37.75 | 1:24.50 | 1:13.15 | 1:32.75 | 1:20.25 | 1:10.00 | 1:30.15 | 1:19.85 | 1:05.92 | 1:03.77 |
| 200 dos | | | 3:57.00 | 3:20.75 | 2:49.25 | 3:36.25 | 3:12.50 | 2:46.00 | 3:26.00 | 3:05.50 | 2:38.50 | 3:20.75 | 2:55.00 | 2:32.50 | 3:10.50 | 2:52.50 | 2:23.37 | 2:18.65 |
| 50 brasse | | | | | | | | | | | | | | | 46.25 | 41.20 | 34.11 | 32.89 |
| 100 brasse | | | 2:03.75 | 1:48.15 | 1:30.15 | 1:53.25 | 1:35.25 | 1:26.50 | 1:48.15 | 1:32.75 | 1:22.50 | 1:43.00 | 1:30.15 | 1:19.25 | 1:40.50 | 1:27.50 | 1:15.13 | 1:11.98 |
| 200 brasse | | | 4:17.50 | 3:51.75 | 3:12.50 | 4:02.00 | 3:26.00 | 3:06.50 | 3:51.75 | 3:20.75 | 3:00.00 | 3:41.50 | 3:15.75 | 2:56.00 | 3:36.25 | 3:13.00 | 2:44.11 | 2:38.03 |
| 50 papillon | | | | | | | | | | | | | | | 43.25 | 36.00 | 29.38 | 27.45 |
| 100 papillon | | | 1:53.25 | 1:43.00 | 1:18.75 | 1:48.15 | 1:32.75 | 1:16.25 | 1:43.00 | 1:27.50 | 1:12.50 | 1:37.75 | 1:22.50 | 1:08.00 | 1:35.25 | 1:19.85 | 1:04.53 | 1:01.08 |
| 200 papillon | | | 3:57.00 | 3:41.50 | 3:04.50 | 3:46.50 | 3:26.00 | 3:01.25 | 3:36.25 | 3:15.75 | 2:55.00 | 3:26.00 | 3:05.50 | 2:44.75 | 3:23.50 | 3:00.00 | 2:25.99 | 2:19.00 |
| 200 QNI | | | 3:51.75 | 3:26.00 | 2:50.50 | 3:46.50 | 3:07.50 | 2:44.75 | 3:41.50 | 3:03.25 | 2:37.00 | 3:36.25 | 2:57.75 | 2:29.25 | 3:28.00 | 2:55.00 | 2:22.78 | 2:17.77 |
| 400 QNI | | | 7:59.00 | 7:12.50 | 6:07.75 | 7:48.50 | 6:41.75 | 5:54.25 | 7:38.25 | 6:10.75 | 5:44.00 | 7:28.00 | 6:00.50 | 5:29.50 | 7:12.50 | 6:00.00 | 5:08.14 | 5:00.68 |

Note: Un nageur développement ou groupe d'âge doit réaliser 3 temps de qualification dans deux styles de nage différents pour accéder au niveau de compétition. Le QNI est considéré comme un style de nage.

Note2: Un nageur Junior ou Senior ou Coupe du Québec doit réaliser 2 temps de qualification dans deux épreuves différentes pour accéder au niveau de compétition. Le QNI est considéré comme un style de nage.

Note 3: L'âge minimal pour participer à la Coupe du Québec : filles 12 ans - garçons 13 ans.